DEATHS

V. Doris Thomas

Miss V. Doris Thomas of 14 C. West Princeton Circle, Apt. 35, Lynchburg, died in Virginia Baptist Hospital at 11:50 p.m. Sunday, Aug. 12.

Born in Lynchburg, she was the daughter of the late Herbert M. Thomas and Beatrice Baxter Thomas. She was a secretary at Virginia Baptist Hospital and a member of the Church of the Pilgrim in Washington, D.C.

She is survived by four brothers, Herbert M. Thomas, Jr. of Huntsville, Ala., Richard T. Thomas, James E. Thomas and William L. Thomas, all of Lynchburg; five sisters, Mrs. E. M. Drinkard of Appomattox, Mrs. Ralph N. Clements of Montgomery, Ala., Mrs. H. Milton Gregory and Mrs. H. T. Harvey of Lynchburg, and Mrs. Richard E. Justice of Salem.

Funeral services were conducted Wednesday at 11 a.m. in Fluguid Memorial Chapel by the Rev. Herbert Moore. Burial took place in Spring Hill Cemetery.

Mrs. Scott T. Mays

AMHERST - Mrs. Elizabeth Bowling Mays, 68, of Depot Street, Amherst, died Monday at her residence. She was the wife of Scott Tilton Mays.

Born in Amherst County, she was a daughter of James T. Bowling and Mattie Louise Bowling. She was a member of Piney River Baptist Church.

In addition to her husband, she is survived by two sons, Tilton Mays of Amherst and Thurman G. Mays of Glad stone; two daughters, Mrs. Bob Vance of Conner City, Colo. and Mrs. Catherine D o n a ld of Staunton, and two grandchildren.

Funeral services were conducted Wednesday by the Rev. David Ralston at Amherst Funeral Chapel. Burial took place in the Amherst Cemetery.

Smokey Says:

They need your help for a better outdoors!

Complete Summer Program

Three girls from the Appomattox area have just completed the Summer Academic Planning Program, an intensive two-day session devoted to the academic program of Longwood College. They are amon, 728 freshmen and transfer students who will enter Longwood this fall.

Beginning July 22, four consecutive groups of students were brought to the campus for two days of academic advising, advanced placement testing and registration for their first semester classes. The program offered a unique opportunity for every new student to visit the campus before classes begin in the fall and to meet some of their fellow classmates, as well as selected faculty, upperclassmen and administrative officers who coordinated the program.

Entering Longwood in the fall are: Billie Starr Brightwell, Rebecca Marie Harris, and Lelia Elizabeth Austin.

Longwood College, founded in 1839, offers a broad liberal arts program, as well as a strong program for prospective classroom teachers. In addition to its extensive undergraduate program, the college offers masters degrees in education, English, and history.

RECIPE

By Sarah Anne Sheridan

Fresh vegetables provide a nutritious volume for casseroles as well as help the homemaker stretch her budget dollars.

Squash Casserole

8 medium squash
4 strips of bacon
1 onion, chopped
½ green pepper, chopped
1½ c crushed saltine crackers,
2 eggs, beaten well
butter
salt and pepper
paprika

Boil the squash in salted water until tender. Drain then chop. Fry bacon until crisp. Saute onion and green pepper in drippings until tender. Add crumbled bacon, onion and green pepper to squash along with one cup of the crushed crackers, the beaten eggs, and salt and pepper to taste. Mix well and put into a greased casserole. Top with remaining cracker crumbs, Dot with paprika. Bake in a 350 degree oven for 30 minutes.

*Serves 6 to 8.

Beckham

August 14 - Mrs. H. C. Moore and Mr. and Mrs. Cornelius Moore visited Mrs. Hartwell Burge of Hopewell Sunday.

Mr. and Mrs. Tom Schmutz and girls left Saturday for a visit with relatives in Cleveland, Ohio.

Crystal Carter spent the week end with her grandparents, Mr. and Mrs. Gibbs Martin.

Mrs. Geraldine Moore, Debbie and Gwen Moore are spending several days of this week with Mr. and Mrs. Larry Yeatts and Gary of Crewe.

Mrs. Warren Crews, Miss Mary Crews, Mrs. Paul Crews, Vicki Crews and Mrs. Grace Estes spend the week in Washington.

Mrs. Dorothy Livingood of Roanoke and Mrs. J. I. Moore of Appomattox visited Mr. and Mrs. Howlette Drinkard, Donald Lee and Miss Eunice Martin Friday night. Mr. Malcolm Drinkard was Sunday dinner guest in this home.

Sunday dinner guests of Mr. and Mrs. Gibbs Martin were Mrs. Larry Yeatts, Mrs. Herbert Moore, Jr., Terry and Kelly Moore, Mr. and Mrs. Alfred Martin and boys; Mrs. Geraldine Moore, Gwen and Debbie, Crystal and Karen Carter. Visiting in the afternoon were Mr. Wayne Moore, Mrs. Sonny Carter and Mr. and Mrs. Everette Moore.

Miss Eunice Martin, Mrs. Howlett Drinkard and Mrs. S. G. Martin visited Mr. Tom Moore and Mr. and Mrs. Edwin Moore of Piney River Sunday afternoon.

Mrs. Mary Burge is visiting with Mr. and Mrs. Paul Burge.

Mr. and Mrs. Frank Drumheller and family left Sunday morning for their home in Detroit, Michigan after an extended visit with Mr. and Mrs. Winston Martin and visiting other relatives.

Mr. and Mrs. Edward Howerton and family of Roanoke visited Mr. and Mrs. Alfred Moore and Timmy Saturday.

Mrs. Kenneth Henderson and Michael and Mrs. Warren Hillsman spent Monday with Mrs. John Moore.

Mr. and Mrs. T. R. Martin visited Mr. and Mrs. Robert Morris and Melanie Sunday afternoon.

POLLUTION DELAY

The Environmental Protection Agency has allowed the nation's auto makers to delay from 1976 to 1977 the production of cars that would meet stringent emission standards for nitrogen oxides.

LET'S TRY TO BE HONEST
By Henry V. Langford
"A PARENT LOOKS AT DRUG ABUSE"

There are many parents who continue to turn their backs on the problem. "Drug abuse", they say, "is some one else's problem, not ours. It can't happen here." Unhappily, this statement does not stand up under close examination. In today's highly mobile society, with its capicity for instantaneous communication, with bizarre ideas including those disruptive of life - become community property and the means for realizing them provided everywhere.

Drugs have become todays plaything of the economically and socially disadvantaged. Drug abuse can be found everywhere - at any social stratum, at any cultural milieu, or any economic level.

Some people of notoriety have become the pied pipers of drug abuse. By seeking to end legal restrictions on drugs which effect behavior (particularly hallucinogens such as marijuana and LSD). They have become heroes to many of the nations youth. Their appeal is to personal freedom, an appeal that often wins affirmative response from the youth at a time in their lives when it is natural to break away from many restraints.

Parents face an extremely difficult task in convincing children that drug abuse is not smart, is not a sign of maturity, is not freedom. Make no mistake about it, drug abuse, at best provides only temperary escape from the realities of the moment and closes the door of personal freedom. Recent years have seen the development of powerful new drugs which have had enormous impact on medicine, as in the treatment of mental and emotional disorders where thousands so afflicted have been restored to active useful lives. But the many powerful drugs which are safe when properly used under medical supervision, can be dangerous when used for non-medical purposes.

Parents will be interested to know that virtually all drugs subject to abuse create psychological dependence because they alter moods, the abuser increasingly relies on them to produce emotional attitudes he thinks he needs to function adequately. In time, his need for the drug, in terms of the emotional support it provides renders his habit almost impossible to break. At this point, he is psychologically dependent and even though the drug he abuses may not cause physical dependence.

Marijuana and LSD have been known to provoke psychotic episodes. Some cases of LSD induced psychoses have been irreversible. Solvents when inhaled, may cause damage to kidneys, liver, heart and even brain. The parent may detect drug abuse as there are definite signs: sluggishness, loss of appetite, indifference to environment, profound mood alterations. The parent may be alerted by the following: tablets and capsules missing from prescription bottles in the medicine cabinet, quantity supplies of tubes of "airplane cement" or glue stained plastic bags and ripped open tubes, tablets and capsules of unknown orgin among your childrens' possessions. Drug abuse often finds fertile ground among such companions or youngsters who seem to have little parental supervision or have disciplinary problems in school.

Every concerned parent will want to do what he can to prevent drug abuse. The best way to accomplish this is for youngsters to learn the facts about the problem. Regular school programs beginning in the pre-teens and continuing through high school. The parents' task is to initiate drug abuse discussions with children at an early age. If a child is moving into his teens now is the time to begin discussion, but be prepared to discuss intelligently and factually any question your youngster may raise. Surprisingly, m a n y children already know a lot about drug abuse than their parents. Therefore, you must learn all you can about the subject; for where drug abuse is concerned, to lecture, admonish, or threaten may have adverse effects. While reason and sympathetic counseling can often prove the best medicine against the problem.

Any parent interested may write the Food and Drug Administration, Washington, D. C., asking for pamphlets and books on this subject that could be well used in a program of home dependency education.

The trouble with vacations is that they end too soon.

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PORTS

...lly Thompson

...son Ford ...ats Coca- ...16-13

...ord exploded for 23 ...ast game from behind ...ssing as they batted ...ad west on to beat ...ch 16-13 in a Class 'A' ...ball game in Lynch- ...y week. The win gives ...y a 4-3 mark for the ...ason.

...Martin, Billy Thompson, ...Longman and Gerald ...the attack with four ...ts. T. C. Jennings and ...Miller each had two hits ...ed attack. Thompson, ...and Burley each hit ...run for Lawson's. Jerry ...ngstreet and Thompson ...ve in three runs for ...ord.

...ord led 5-2 after four ...and Lawson's batted 11 ...the fifth and got ...ning seven runs for a ...Cola tied it 9-9 in the ...the fifth but the three ...hit by Lawsons in the ...of the inning gave them ...and they never trailed ...

...Cola 023 041 3 - 13 18 3
...Ford 200 734 - - 16 23 2

...ge West ...13-6 ...r Lawson F.

...West got off to a 7-1 ...two innings and went ...Lawson first 13-6 ...in a Class "A" league ...game in Lynchburg. ...stopped Lawson off-side ...the league and gives ...West a 6-2 record.

...West scored four in ...and three in the second ...ad. Lawson's scored ...in the first, twice in the ...and single runs in the ...sixth and seventh.

...Martin, Buddy Wilcox, ...Longman and T. C. ...led the attack for ...with two hits each. ...and Billy Thompson hit ...run for the Lawson Ford

...7 - 100 121 1 - 6 11 3
...F - 431 302 - - 13 16 2

...Interest ...Veterans

...ayers can mean lost ...with a veteran and the ...Administration, but a ...should not hesitate to ...VA benefit because a ...certificate or marriage ...has been lost.

...Smoke VA Regional ...ounded veterans today ...no formal proof of ...and birth to establish ...for higher veterans ...is acceptable under a ...law in effect since ...1961). For example, a ...for widows certified ...ate of marriage is ...in applications for ...tion and education ...for veterans, widows ...their children, provided ...that his wife has been ...before, and VA has no ...history information on ...that contrasts with ...representations under ...VA required all state- ...marriages and births ...reported by formalized ...agency evidence.

...Should that a certified ...is acceptable regard- ...ath of a child of a ...by marriage, and as ...age and relationship in ...cases.

...No type of proof also is ...in death cases where ...court statements corro- ...claim made by a veteran ...action with a claim for ...benefit, VA added.

Farm Official Explains Export Policy

During the 12 months ending in September exports of soybeans, cottonseed and related products will be larger than exports for the corresponding period last year despite the licensing system that has now replaced a June 27 embargo, reports a farm program official. However, these shipments will not be as large as they might otherwise have been, in order to protect feed supplies needed by American livestock producers and their consumer-customers.

"We simply couldn't meet this year's sudden jump in foreign demand with old-crop soybeans and meal," says Mahlon K. Rudy, Executive Director of the Virginia State Agricultural Stabilization and Conservation Service (ASCS). "Therefore, it became necessary to allocate available supplies."

Mr. Rudy quoted U. S. Department of Agriculture authorities who point out that even with the embargo and the subsequent export licensing system this country expects to ship overseas a record 491 million bushels of soybeans this year, nearly 70 million bushels more than the previous record set in 1970.

"At the same time, we will now retain sufficient supplies of old-crop beans to meet domestic needs, thus providing for our livestock producers, and ultimately, consumers," Mr. Rudy said.

After considering domestic requirements, the Government determined that approximately 33 million bushels of soybeans and 750,000 short tons of soybean oil-cake will be meal are available for export, he explained. This represents 50 percent of the outstanding contracts for soybean exports for the remainder of the season and 40 percent of the total of unshipped contracts for cake and meal.

Therefore, the Federal Government established an export licensing system under which each contract for soybean exports will be reduced to 50 percent of the unfilled quantity. Each contract for soybean meal and oil-cake will be reduced to 40 percent of the unfilled quantity. Licenses for cottonseed and cottonseed meal and oil-cake will be issued for the full quantity of the unshipped balance of contracts that were in force on June 13, 1973, because supplies are adequate to meet these exports and still fill domestic needs.

The Department of Agriculture estimates that this licensing system will allow for a 145-million-bushel carry-in of beans this fall, Rudy said, thus protecting livestock producers - and consumers - from possible shortages of food and feed.

"Our first responsibility is to our own citizens even though we want to keep the export markets that we have built up so carefully," he said.

A number of unrelated and unpredictable events have occurred together around the world, resulting in the current global shortage of protein meal, the ASCS official said. These include harvesting problems in the U. S., crop failures and droughts last year in Russia, India, Australia and South Africa, failure of the Peruvian Fishmeal Industry the past two seasons, the continuing growth in world demand for livestock products, and U. S. Dollar devaluations that have made this country's commodities more attractive to foreign buyers.

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Daniel Reports

By W. C. (Dan) Daniel
Virginia Fifth District Congressman

The House and the Senate have passed somewhat differing of anti-impoundment legislation. Following resolution of differences by a Committee of Conference, the measure will presumably be adopted by both Houses and forwarded to the President.

The bill, as passed by the House, provides the President with only 5 days after he impounds any funds and either house, by resolution within 60 days of such notification, may disapprove, thus ending the impoundment.

In another section, the bill sets a spending ceiling of $267.1 billion on fiscal year 1974 expenditures. This is approximately $1.6 billion below the budget request, $11.7 billion above the original revenue estimate, and some $1.1 billion above the most recent estimate.

The issue in the first Title of the Bill was not specific amounts of money - rather it revolved around the question of where monetary decisions should be made, and who should make them.

Apparently, no one has made a detailed study of the use of impoundment over our nation's history. The first instance, as far as I can find, was in 1803 when President Thomas Jefferson refused to spend $50,000 appropriated by Congress on the Mississippi River. It is obvious, Surprisingly, that a Republican Congress and as Mr. Nixon, have made more frequent use of this expenditure control device than the federal government's spending has grown, and the gap grows wider between the amounts taken from the taxpayer and the amounts spent from borrowing.

The bill provides that the President can impound funds for up to 10 days before reporting to Congress. This "grace period" allows for any delay in expending or obligating funds when necessary for administrative purposes. If he then decides to withhold funds for a specific purpose, he must advise the Appropriations Committee of both the House and the Senate.

Either body would then have 60 calendar days in which to act on the message from the President, with a simple majority of either house sufficient to adopt or defeat a Resolution of Disagreement. If adopted, the President would be required to spend the funds appropriated.

The issue on impoundment appeared to be, then: Does the President have the authority to selectively withhold funds for extended periods of time without Congressional consent, or, as some supporters of the bill believed, is this usurpation of the Congress' Constitutional responsibility "To lay and collect taxes...to pay the debts and provide for the common defence and general welfare of the United States..."?

Of course, as with most matters before the Congress, it was not all that simple. For there does exist a law which requires that the President not spend beyond the nation's income. There is no law to place any similar responsibility on Congress to not appropriate in excess of revenues.

In the Senate version, this section is a permanent legislation which will take effect on July 1, 1974 and will stand until abolished. The House measure limits the life of the legislation to one year, seeing it as a stopgap measure to allow for consideration and adoption of Congressional budget making machinery.

Title II of the bill sets a spending ceiling for the present fiscal year which began on July 1. And this portion of the measure is one which I wholeheartedly endorse. The only alternative to such a ceiling (and it is as much a ceiling on the Congress as on the President) is to dig deeper into your pockets, or borrow still more money. I might remind you here that the price we are paying for this borrowed money is greater than the amount expected to be spent for grants for social programs or invested in our physical environment, and is more than three times the amount anticipated for subsidy payments.

This is not a perfect bill. Because of the nature of Congressional authorization & appropriation functions, and the lack of adequate staff for the detailed work involved, Members of Congress must consider expenditure on a piecemeal basis. At no point in the legislative process is there a responsibility, or even an opportunity, for examing a total budget which consumes more than 20 percent of the gross national product.

The bill does set a ceiling which will apply to both Congress and the President for the present fiscal year - a ceiling which is absolutely necessary in our present economic environment. And it provides that any cuts in appropriations will be across the board, with an equal percentage applied to all categories rather than penalizing any one area.

Further, the bill allows Congress the necessary breathing time to develop and adopt a Legislative Budget which I sponsored and which will hopefully avoid any such shenanigans as we have witnessed in Washington in recent years.

In line with my "51% Rule," I voted for the bill. There is slightly more good than bad in the measure.

Gas Consumption In Virginia Increased In 1972

Richmond - Total gasoline consumption for both highway and non-highway uses in Virginia amounted to 2,409,315,000 gallons in 1972, according to Virginia Petroleum Industries.

Claiborne D. Gregory, Executive Director of Virginia Petroleum Industries, noted that the figure represented a 6.2 per cent increase over the previous year. This compared with a 6.5 per cent rise nationwide.

In 1971, the state's gasoline consumption a m o u n t e d to 2,267,666,000 gallons.

In view of the growing shortage caused by the increased demand for gasoline, Virginia Petroleum Industries has suggested some ways the motorist might save on consumption.

- Keep your car's engine well tuned, with special attention to fuel and air filters, plugs and points , and emission control devices.

- See that gasoline attendants do not fill your fuel tank to the neck. Fuel can overflow while the car is in motion, or parked on an incline, and fuel can expand and overflow in hot weather.

- See that your tires are properly inflated; this saves on tire wear as well as fuel consumption.

- Drive at moderate speeds; avoid "jackrabbit" starts.

- Anticipate traffic situations to avoid quick stop-and-go action in your driving. Accelerate gradually and avoid "floorboarding" your accelerator to achieve cruising speed.

- Don't idle your engine for long periods while parked.

- Whenever possible, use car pools or mass transit for commuting from outlying areas to offices and plants.

VIRGINIA ANGLERS BEGIN RECORD YEAR

The Virginia Commission of Game and Inland Fisheries reported that 823 citation size fish were caught in the Commonwealth during the first half of 1973. The figures represent a gain of almost one-hundred fish over the same period last year.

Largemouth bass lead the list of lunkers again this year with 212 citation size bass caught. The largest bass by mid-year was a 12 pounder that was boated by H. D. Kennedy of Newport News.

While the number of citation largemouth was down somewhat from last year, the figures for most other species showed a gain. Rainbow trout has the largest increase, 30 citation fish compared to last year's three rainbows.

Several new records were set in the first half of 1973, including a 30 pound channel cat caught by R. Underwood of Roanoke in Smith Mountain Lake. The musky record was broken by Pete Fuqua with a 31 pound fish which came from Smith Mountain Lake. B. L. Crutchfield of South Hill became the new state record holder for striped bass when he caught a 34 pounder at Buggs Island. The Kentucky bass record also fell this year when S. G. Turner caught a 5 pound 12 ounce fish in Claytor Lake.

SCENIC RIVER STATUS RECOMMENDED FOR ROANOKE RIVER

The Commission of Game and Inland Fisheries has recommended that the portion of the Roanoke River between Long Island and Brookneal, Virginia be designated as a Scenic River. Referring to legislation passed by the General Assembly of Virginia which provides for the identification, preservation and protection of certain rivers or portions of river which possesses natural beauty of high quality, the Commission passed a resolution which read in part: "Whereas that section of the Roanoke River . . . possesses great natural beauty and all other characteristics prerequisite to candidacy for designation as a Scenic River; and Whereas this same section of the Roanoke River constitutes a spawning area essential to the well being of the sizeable population of landlocked striped bass which is an immensely important recreational resource of the watershed . . . the Commission of Outdoor Recreation . . . recommend to the Governor and the General Assembly that the aforesaid section of the Roanoke River be considered for designation as a Scenic River . . . ." The resolution continued: "Resolved that the General Assembly act favorably upon such recommendation at such time as it shall be forthcoming."

Good Advice

It's much better to sit tight--than attempt to drive in that condition.

-WOW Magazine.

Puritan Pulpit

"HAVE NO ROOT" Luke 8:13

My friend, examine yourself this morning by the light of this text. You have received the word with joy; your feelings have been stirred and a lively impression has been made but remember that to receive the Word of life in the soil of a thing and to receive Jesus into your very soul is quite another; superficial feeling is often joined to inward hardness of heart and a lively impression of the work is not always a lasting one. In the parable the seed in one case fell upon ground having a rocky bottom covered over with a thin layer of earth. When the seed began to take root, its downward growth was hindered by the hard stone and - therefore it spent its strength in pushing its tender shoot along as high as it could. But having no inward moisture, derived from room nourishment, it withered away.

Is this your case? Have you been making a fair show in the flesh without having corresponding inner life? Good growth takes place upwards and downwards at the same time. Are you rooted in sincere love to Jesus Christ? May our heavenly Sower plow your very soul first and then cast the truth into you and let him yield through you a bounteous harvest.

Earnie W. Lucas, pastor
Bible Baptist Church
Appomattox, Virginia

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SA30 Spot Bilt all purpose Football Shoes. List—$13.50. NOW $10.95

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